



ONE CHOICE CAN CHANGE A LIFE™

NEWSLETTER
FEBRUARY 2009

AUTHORS' NOTE



Whether or not you voted for him, Barack Obama has become our 44th president. His inaugural speech clearly defined his intention to be seen as different from the previous administration. Although I believe he may be somewhat naive about many of the peoples that hate Americans, I am pleased that his vision did not limit the possibilities for this country. He is a charismatic speaker that has the potential to spark hope and dreams in a citizenship that has forgotten how to do so -- a country that must find ways to lift itself out of the problems we have created without expecting someone else to do it for us.

Last year we began a cycle of change that gives us an opportunity to do things and approach our lives in a new and different way. I encourage us all to make choices in our lives that find their basis in positive, healthy beliefs and

not allow fear and doubt to influence or paralyze us. It is only through belief in our ability to make positive changes and our action to carry out those beliefs that we will succeed in making our lives and those of others better and richer.

Until next month.....Lin

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Below is an excerpt from my next book, *THE POWER OF CHOICE: CREATING THE LIFE YOU WANT*, which explores the power of choice in our lives. Previous newsletter issues have covered the other stages of Achievement: Identify, Imagine, Intend, and Believe. To view the other newsletters, visit the website, www.onechoicecanchangealife.com. (And I promise to finish and release this book by March!!!)

The Final Stage: Achieve!

When you identify, imagine, intend, and believe in your goals, destiny and the life you are creating, it will be given to you unless you have some residual hesitation or if the Divine has reasons to withhold.



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Remember to look at your life with an objective view so that you don't miss an achievement just because it doesn't look exactly the way you expected it to look. Remember also that God and the Universe know what is best for you and will answer your prayers in a way that best helps you to learn and evolve. This can mean that you have not learned all that you need to before your dreams manifest. It can also be that you have other tasks to perform before your intentions become reality. For example, when I left my corporate job I expected to be engaged full time with my new business. However, I found myself with

a small client base and became frustrated that it did not grow. After only a few months, I was needed by my family in a way I never could have predicted. I spent about half of my time 2,500 miles away from home taking care of sick and terminally ill family members. Had I manifested my intention for more clients at that time, I would never have been available for my family. The Divine foresaw this, but I could not. It was another great lesson in trust and faith.

THE 5 STEPS TO CREATING YOUR LIFE:

IDENTIFY

IMAGINE

INTEND

BELIEVE

ACHIEVE

It is also possible to have come to this point -- after identifying, imaging, intending, and believing -- only to falter and fall back into old patterns, losing the life you have created. For some it may be easy to bask in the life they have created and remain focussed on their new environment and circumstances. However, there are some who will have difficulty completely accepting the life they believe they want. When this happens, it is time to go back and look at the doubts and beliefs that keep you locked

into a life that you say you do not want to have, but are unable to give up. What is the attachment? Do you not feel deserving of the life you want? Are you afraid of losing something or someone?

*Achieving your goals, taking positive steps to create the life you want or finding your destiny are all possible for you. If you follow the steps from my book, **THE POWER OF CHOICE: CREATING THE LIFE YOU WANT**, with a true commitment to the process and an open mind to trust all the Divine has to offer, then you come to the final stage, **ACHIEVE**, knowing you will realize your goals, dreams and destiny.*

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To order *THE POWER OF CHOICE: CREATING THE LIFE YOU WANT*, go to www.onechoicecanchangealife.com or send your check or money order for \$20.95 (includes shipping & handling -- Arizona residents please add an additional \$0.85 tax) payable to Amethyst Moon. Our mailing address is: Amethyst Moon, P.O. Box 87885, Tucson, AZ 85754.



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